

THE HOSPITAL CLIPPER



VOL. 6, NO. 3

NAVAL HOSPITAL MEMPHIS, MILLINGTON, TENN. 38054

MARCH, 1972

MEDICAL CORPS HAS BIRTHDAY

This month the Medical Corps celebrated its 101st birthday. Naval Hospital Memphis marked the occasion with a luncheon dinner party held in the Officers Dining Hall. Medical Service Corps and Nurse Corps officers joined the physicians in the celebration. Following the meal, Capt. R. D. Nauman read a congratulatory message from VAdm. G. M. Davis, Chief of the Bureau of Medicine and Surgery. He also called to the attention of the Medical Corps officers, messages from the Secretary of the Navy, the Marine Corps Commandant, and the Chief of Naval Operations.

Capt. Nauman then joined with Capt. Lotz of NAS Dispensary, Captains Hemness and Hamlin and Dana Pohl, lovely wife of Dr. Pohl in a cake-cutting ceremony. Following the ceremony, Capt. Nauman led the guests on a tour of the new hospital, which is scheduled for opening later this spring.

The Medical Corps, in celebrating this birthday paid tribute to a long tradition of medical service to the U. S. Navy. The first Naval surgeon went to sea in 1775. He served aboard the USS Alfred, a sloop of war, with a young lieutenant by the name of John Paul Jones, who was to hoist the first American flag ever to fly from a U. S. war ship. The history of the Navy Medical Corps had begun.

But it wasn't until March 3, 1871 that the medical corps was formally established by Congress as a staff corps of the Navy. In 1871 the Navy Register listed 153 Medical Corps officers; they served aboard ships or at one of the eight Naval hospitals then in existence.

In 1972, more than four thousand Navy doctors are serving all over the world—aboard ships, at one of 38 Naval hospitals, with the Marines, or on the staffs of the Fleet and Force Commanders.

Until late 1966 no formal founding date for the Medical Corps had been established—Navy doctors had participated in the celebrations for other Corps but never for one of their own. Numerous birthdates for the Medical Corps were considered, all of which would have been appropriate.

Because the March 3rd, 1871 Act of Congress officially established the Medical Corps as a staff corps in the Navy, and also defined the rank and responsibilities of Naval medical officers, it was considered the most appropriate birthdate for the Corps.

On March 3rd, 1972 Navy doctors all over the world recalled with pride their 197-year history of service to the Navy and Marine Corps as they celebrated the 101st anniversary of the formal founding of the Medical Corps—at their third birthday party.



Above, left to right, Capt. Hemness; Capt. Lotz, Dana Pohl, Capt. Nauman, and Capt. Hamlin, cut the cake commemorating the 101st birthday of the Medical Corps.

HOSPITAL COPS TITLE

Hospital #1 closed out an unblemished regular season with a record of 13 wins and no losses, en route to the league title. The squad is currently competing in the base play-off tournaments with champions from the other leagues to determine the overall base champion.

In posting their unbeaten record, Hospital #1 averaged 68 points per game while holding their opponents to an amazing 27 points.

Steve McCants led the team with an 18 point per game average. Bob Lamme held a 12.7 average while John Reuter averaged 11.7 points. Coaches Clyde Mason and Kenneth Baker named Bob Lamme as the team's most valuable player.

Congratulations to the entire team for their outstanding season.

CAPTAIN R. D. NAUMAN, MC, USN.....COMMANDING OFFICER
CAPTAIN C. R. HAMLIN, MC, USN.....EXECUTIVE OFFICER
COMMANDER J. W. YOUNG, MSC, USN.....ADMINISTRATIVE OFFICER

DUPLICATED MONTHLY ON GOVERNMENT EQUIPMENT WITH NON-APPROPRIATED FUNDS AND IN COMPLIANCE WITH NAVEXOS P-35 REV JULY 1958. DISTRIBUTED FREE OF CHARGE TO PERSONNEL OF THE NAVAL HOSPITAL MEMPHIS, MILLINGTON, TENNESSEE. THE HOSPITAL CLIPPER SOLICITS NEWS ITEMS FROM ITS READERS.

EDITOR-IN-CHIEF
EDITOR

LCDR. F. D. SAINES, MSC, USN
HM3 D. H. RESLER, USNR

2nd Medic Proficiency Exams Scheduled

The second set of Medical Proficiency Examinations for medical laboratory workers is slated for May 6, at test centers across the nation.

Nearly 2,000 laboratory workers sat for the first set of examinations last November 20 at 126 test centers in the U. S. and abroad, including 30 military bases and three prisons.

The tests are designed to evaluate the knowledge and skills of both the medical laboratory specialist trained by the military and the civilian laboratory worker who lacks professional certification.

The new examinations are administered by the Educational Testing Service for the National Committee for Careers in the Medical Laboratory under a contract from the Manpower Division of the U. S. Department of Labor.

The second Proficiency Examinations offer four tests in the laboratory areas of Blood Banking, Clinical Chemistry, Hematology, and Microbiology. All are one-hour paper and pencil tests, and a candidate may take one or more. His scores are sent only to him or to those he designates.

Norming scores (results achieved by a representative group of laboratory workers) provide a scale against which candidates' individual scores may be measured.

Major organizations of laboratory employers which have cooperated in test development and are supporting the use of Proficiency Examinations are: American Society of Clinical Pathologists, College of American Academy of Microbiology, American Association of Clinical Chemists and the American Association of Blood Banks.

Deadline for applications is April 8.

Application blanks and a bulletin of information describing the examinations, giving test questions, and listing 75-100 test centers is available from:

Proficiency Examination Project
National Committee for Careers in
the Medical Laboratory
9650 Rockville Pike
Bethesda, Maryland 20014
or

Medical Technology Proficiency Examinations

Educational Testing Service
Princeton, New Jersey 08540

Only applications made on the official form will be accepted by ETS.

If a test center is not readily accessible, a candidate may request a special center. The Department of Defense has offered its cooperation in administering the examinations at bases not near the designated test centers. Deadline for requests for special test centers is March 25.



The annual observance of National Library Week occurs this year during the week of April 16-22. The slogan is "Books Bring People Together." Visit your library often.

NEW BOOKS

NON- FICTION

Graham, Billy, THE JESUS GENERATION.
Harrington, Carroll, IF YOU WANT TO SAVE YOUR ENVIRONMENT... START AT HOME.
Griffin, Al, THE CREDIT JUNGLE.
Oleck, Howard L., LAW FOR EVERYONE.
Lawick-Goodall, Jane, IN THE SHADOW OF MAN. Life among the wild chimpanzees.
THE LAST WHOLE EARTH CATALOGUE.
Jay, Antony, CORPORATION MAN.
Anderson, Douglas, ALL ABOUT CRIBBAGE.
Cole, William, POETRY BRIEF.
Hough, Richard, BLIND HORN'S HATE.
Katz, William L., BLACK WEST.
1972 WORLD ALMANAC.
SHIPS AND AIRCRAFT OF THE UNITED STATES FLEET, 1971.
Chilton Company, AUTO REPAIR MANUAL, 1972.

FICTION

Fry, Alan, COME A LONG JOURNEY. A novel about two men- one white and one Indian- and their canoe trip down the wild and mighty Yukon River.

CHAPLAIN'S ' CORNER

"FOUR EASTER"

by Chaplain Gordon Smith

It's that time again, colored eggs, rabbits hopping all over the place, new hats and spring dresses. As a florist commercial has it, "Easter is the time of bunnies, bonnets, and beautiful flowers." Actually there are four Easters, not just one.

The first is, of course, that one-time day, that first Easter Sunday when the women went to the tomb. The Gospel tells us that "they found the Lamb of God, slain by His enemies, was alive."

The second is the once-a-year event, that special season which is, for most, the climax of the Christian year. We have felt the anticipation of Advent, the joy of Christmas; we have suffered through Lent and Holy Week. Now capacity crowds come to hear the good news that death has been swallowed up in victory.

The third Easter is a once-a-week celebration every Sunday. Before the resurrection, God's people met together on Saturday; soon they began to assemble on Sunday, calling it "The Lord's Day," remembering that first Easter Sunday with a weekly observance.

The fourth is the everyday remembrance. For the Christian, every day is Easter. Every day is holy. Every day commemorates our Lord's winning a new life for us by overcoming death. Eternal life is now.

Shouldn't this make us take another look at the way we are living that life, daily?

Gallery, Daniel, AWAY BOARDERS. Cap'n Fatso and his crew wage war with the Russian Navy, become enmeshed in an Arab-Israeli caper, and emerge smelling of roses.
Gerson, Noel B., ISLAND IN THE WIND. A novel of love and politics in the Caribbean.

Jennings, William Dale, COWBOYS. A gold strike strips Wil Andersen of his cowhands just as he is to start a 400 mile drive, leaving only schoolboys.
Silverberg, Robert, NEW DIMENSIONS I. Fourteen original science fiction stories.

NEW PERIODICALS

THE WALL STREET JOURNAL.
POPULAR SCIENCE.
HARVARD BUSINESS REVIEW.
OUR PUBLIC LANDS.
CONSUMER NEWS.

FOUR CORPSMEN COMMENDED

Four corpsmen from Naval Hospital Memphis made good use of their paramedical training recently when they administered life-saving first-aid to a seriously injured sailor.

The four corpsmen, while on off-duty hours, came upon an auto accident and found a badly injured sailor in the wreckage. HA T. D. Craig took charge of the situation, and, with the aid of fellow HA's D. W. Orton, J. L. Hanes, and W. B. Douds, cleared the victim's throat of an obstruction and positioned him as to facilitate breathing.

HA Douds then phoned for police and ambulance while the other three corpsmen remained with the victim. Craig utilized his own shirt as a makeshift dressing and accompanied the victim to the Naval Hospital.

Capt. Hamlin, presenting the corpsmen with their certificates, noted that their prompt action did indeed save the life of the victim. He further expressed his personal congratulations for a job well done.

Thanks to their prompt action the patient is recovering quite noticeably at the Naval Hospital.



Pictured above are, from left to right, HA T. D. Craig, LtJg. J. E. Robson, HA D. W. Orton, LT. J. R. Lovett, HA W. B. Douds, Cdr. H. Walker, and HA J. L. P. Hanes.

NAVY RELIEF AIDS SAILORS

WASHINGTON, D. C. (NAVNEWS) The sign on the door reads simply, "Navy Relief Society." But inside, a small volunteer staff stands by to solve the sometimes complicated financial problems of Navymen and Marines and their families.

Recently, NRS came to the rescue of 145 families of USS Enterprise crew members, enabling them to have a happier Christmas by loaning some \$25,000 in funds so their dependents could purchase food and gifts.

Other ways which NRS lends a helping hand are:

- * Providing educational loans for dependents to attend college.
- * Helping to keep orphans of Navymen and Marines in elementary or high school.
- * Providing money for vocational training to help Navy and Marine Corps widows to become self-supporting.
- * Aiding elderly widows of servicemen by providing income supplements.
- * Layettes for new mothers.
- * Visiting nurse service for expectant mothers, new mothers, and convalescents.
- * Nurseries where mothers can leave their children while shopping at the commissary or going to the doctor on base.
- * Wives' organizations that can help with transportation, care of children when the mother is sick, visits to hospital patients, and many other services.

* Thrift shops where good used clothing and household items can be bought at minimal prices.

* Cooperation with community agencies in providing help for crippled, handicapped, retarded, or mentally or emotionally disturbed children.

* Budgeting counseling.

Typical situations for which loans or grants are made include: delay or nonreceipt of pay or allotments, when the missing money is needed for basic maintenance, shelter, and necessary transportation; and, necessary travel in case of illness or death in the family, or transportation for the widow of a serviceman to return home to her family.

The policy of NRS is to make loans or grants only for a real need, and only when you can't take care of the problem with your own resources.

Those eligible for NRS help are active duty (Regular or Reserve) Navy and Marine Corps personnel; married or unmarried; enlisted or officers; Fleet Reserve and retired members; members of the Coast Guard, when serving with the Navy in wartime; and dependents of above members, whether the serviceman is living or deceased.

HMC HUTCHISON RETIRES

Fellow chiefs and shipmates bade farewell to HMC Homer D. Hutchison at retirement ceremonies held 29 February 1972. Chief Hutchison was piped ashore after serving more than thirty years of active Naval Service.

Chief Hutchison, while on his final tour of shore duty at NHMFS, served in the Food Services Division and most recently in Operating Services. Chief Hutchison reported to Naval Hospital Memphis from Keflavik, Iceland in July 1970.

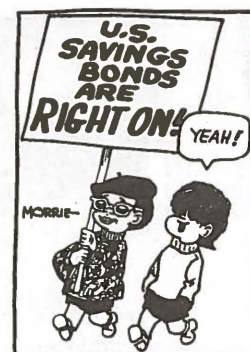
Enlisting in the Navy in October 1941, Chief Hutchison began his Navy career. During his thirty years of service, he served in three major military campaigns—World War II, Korea, and Vietnam. Included among his medals were eight Good Conduct Awards which bear witness to his fine career.

Chief Hutchison will remain in the Millington area with his wife, Bernice and his family until later this spring.



Above Cdr. J. W. Young gives retiring chief, HMC H. D. Hutchison, and Mrs. Hutchison a hand in cutting the cake commemorating the Chief's retirement.

WEE FOLKS



DEPARTMENTAL SPOTLIGHT ON RADIOLOGY SERVICES DIVISION

While the twentieth century has seen phenomenal advances in the field of medicine, perhaps no greater contributions have been made than in the field of radiology- or commonly known as x-ray. The discovery of x-rays in 1896 by Roentgen started the continuing contribution of radiology to medicine. Now, the use of x-rays and related studies is so common that in any given year, nearly one of every two Americans will undergo some type of x-ray examination. The use of x-rays has become so important in diagnosing disease, that no hospital can effectively operate without a radiology department.

At Naval Hospital Memphis, LCDr. R. L. King, MC, USNR, acts as the Chief of Radiology Service. He bears the responsibility of coordinating the entire department in its diagnostic and therapeutic services. Lt. J. K. Crowe, MC, USNR, also a radiologist, aids Dr. King in his duties. HML W. D. Winfrey, as the Petty Officer in Charge, helps coordinate the administrative aspects of the department.

The primary mission of the radiology service at the Naval Hospital is to provide diagnostic support to other physicians. To most of us, these diagnoses usually conjure up studies related to the skeleton, such as bone fractures, or relating to our annual chest x-rays. But this only touches the surface of the scope and types of studies commonly performed by the radiologist. Today, the experienced radiologist can diagnose nearly any disease with the use of modern x-ray equipment.

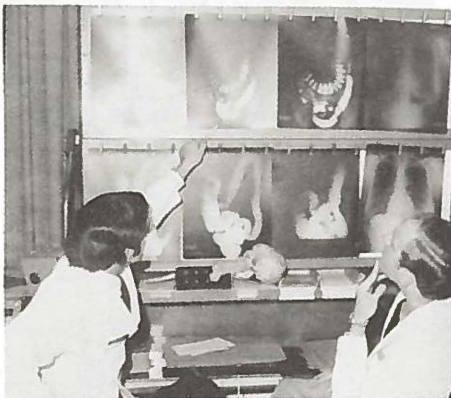
As an indication of the scope of the field, a quick look at some statistics will prove useful. Since 1 January 1972 the Radiology Service at this hospital has seen nearly 4000 new patients- and this figure represents only the number of different people seen not the number of times those people have been seen. Though much of this volume can be attributed to the large clinical load, it does indicate how much modern medicine relies on the radiologist in diagnosing disease.



HML W. D. Winfrey prepares a patient for a pneumoencephalogram.

But diagnosis is just one aspect of radiology. While very little actual treatment is done at this hospital, patients are referred to some of the Memphis hospitals at government expense. While no deep radiation therapy is done here, some thyroid disease treatment is done in the radioisotope branch.

Radioactive isotopes involve a somewhat different concept than x-rays. Studies using this method utilize radioactive elements to provide density scans of the body part being studied.



Dr. King, left, and, Dr. Crowe discuss the results of one of the radiographic studies.

Naval Hospital Memphis also serves as a training ground for x-ray technicians. X-ray techs, who have completed formal classroom training, then acquire practical experience under the watchful eye of qualified personnel here and at other Naval hospitals. To maximize this training only two or three corpsmen at any given time are receiving their practical experience.

As radiology is a fairly new field of medicine, great progress is continually being made. The whole field of nuclear medicine (that area involving radioisotopes and radioactive drugs) has grown up only in the last twenty years. As an example, lung scans, now a common diagnostic test, were first done in the mid-1960's.

Progress has also lessened the danger of over-exposure to x-rays. Dr. King pointed out that while the dangers of radiation are small, close attention is given to young patients and pregnant women where the prime concern is related to reproduction. Thus young women being examined by x-rays are urged to inform technicians if they are pregnant.

POLLUTION CONTROL OFFERS JOBS

Interested in ecology and working at a job that pays 'good wages? The Veterans Administration is passing the word to servicemen leaving active duty that there are good jobs in the field of water pollution control. Training is sponsored by the Office of Water Programs, Environmental Protection Agency and preference is given to those veterans who plan to become water plant and waste water plant operators. Pay for these jobs ranges as high as \$15,000 a year.

Last November, there were 1,120 persons engaged in Government-sponsored training in water pollution control. Of these, 530 were Vietnam veterans, and another 300 were taking courses at community colleges or technical institutes. Nearly 800 other veterans have already completed programs of on-the-job training which they started after studying water technology at colleges during their last half year of military service.

Calhoun Completes Training



February 16 marked a special day for HM2 Leland Calhoun. In ceremonies held in Capt. Nauman's office, Calhoun received a certificate designating him as a Physician's Aide, NEC code HM-8421. Calhoun had twice the reason for celebration, though, since he had just become a father for the first time the day before. On 15 February, Calhoun's wife gave birth to a strapping young boy- Philip. Congratulations are indeed in order for HM2 and Mrs. Calhoun.

In a little more than a month, the Naval Hospital will have a new home. In the new hospital is all new x-ray equipment including two 90-second developers which should greatly reduce patient waiting time. Further, cinematographic x-ray equipment will enable the radiologists to perform dynamic (i.e. moving picture) functional studies, such as swallowing or breathing.

AWARDS & PROMOTIONS



Capt. R. D. Nauman congratulates Lt. Snow on her permanent appointment to LtJg. and temporary appointment to Lt. as Capt. A. L. Davis looks on.



Capt. R. D. Nauman and Capt. A. L. Davis look on as LtJg. Barry signs her promotion papers to her present rank.



HM2 J. R. Jordan, HM2 P. D. Crumpacker, and HM2 W. B. Rost display certificates authorizing them with Good Conduct Awards.



Lt. J. R. Beene administers the oath of enlistment to F. R. Cross upon his reenlistment.



HM3 R. E. Polly signs his reenlistment contract as wife Nancy and Capt. Nauman look on.



Above HM3 H. W. Bursell and HM2 W. B. Rost display Letters of Completion of x-ray training as Lt. J. K. Crowe and W. D. Winfrey look on.



HM3 J. W. Fred, HM2 R. D. Lamme, and HM2 C. R. Gay display letters designating promotion to their present rates.



Above left to right are H. J. Cherry, H. D. Presson, J. R. Reuter, D. A. Miles, H. V. Ashley, and C. J. Adams as they display certificates advancing them to HM3.



Above; left to right, are DT3 V. L. Dotson, HM3 G. F. Sterry, HM3 A. L. Sheene, HM2 P. A. Chumley, HM3 R. Simmons, and HM3 J. L. Barkley as they are advanced to their present ratings.

Vets Advised On Benefits

A veteran should know exactly what benefits his survivors are entitled to upon his death, the Veterans Administration has cautioned.

Family documents, such as military discharge papers and birth and marriage certificates, should be kept where they are protected from fire and theft, but readily available.

Good advice, VA states, is for the veteran and his wife to discuss openly the locations of these papers and where to turn in the event of his death.

Veterans service organizations, as well as VA offices, can be of immeasurable assistance in times of death.

Other important documents that should be safeguarded include separation papers, death certificates, divorce decrees and guardianship or child custody evidence, VA says.

G.I. insurance policy numbers, VA "C" numbers for all VA correspondence, commercial insurance policies, Social Security numbers and naturalization papers are all important in claiming benefits.



1. In 1971, 506 professional golfers won money on the tour. Jack Nicklaus won the most, Henry McQuiston the least. How much did McQuiston tally?

2. Buffalo has an expansion basketball team and an expansion hockey team. Give the nickname of each.

3. What team holds the National Football League record for most consecutive regular season victories?

4. A 7'2" center was mainly responsible for Jacksonville University's rise to prominence in the NCAA 1969-70 basketball season. Name him.

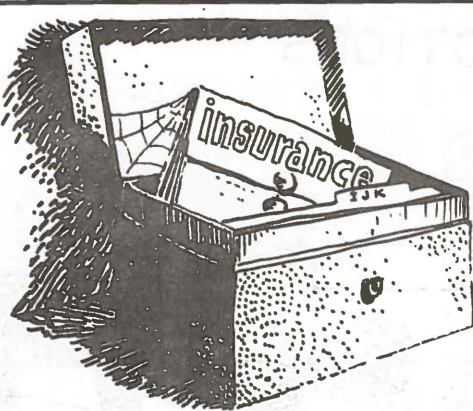
5. In a favorite Canadian winter sport, players attempt to send a 42½ lb. granite stone over a long sheet of ice into a bullseye-like "house." Name this sport.

1) \$7.50 2) Braves, Sabres 3) Chicago Bears, 17 wins in 1933-34 4) Artis Gilmore 5) Curling

JOHNNY JONES By Charles Criner



YOU'RE RIGHT, HE DOES HAVE CHUTES IN THE PERTURE WE MADE FOR HIM LAST WEEK.



Read Your Policy Latey?

Do you know what's in your life insurance policy? If you're like most people, you've probably never read it all the way through, says the Institute of Life Insurance.

Even though most policyholders may never find time to read their policies carefully, it's the best way to learn about the important benefits your life insurance provides.

A policy is actually a legal contract, and consists of provisions agreed to by you and the company. Here are some of the key provisions:

- **Payment of premiums.** Premiums are due on the date stated in your policy. You can arrange to pay them annually, semi-annually, quarterly or monthly, whichever is most convenient. It is more economical to pay less frequently, say once or twice a year.

- **Grace period.** You are permitted to defer the payment of a premium for 28 to 31 days after it is due, without penalty. This allows for oversight or possible emergencies.

- **Lapse.** If you do not pay a premium within the grace period, the policy lapses. This means that the policy comes to an end, unless there is a provision to apply its cash values automatically to keep the policy in force.

- **Reinstatement.** If you let your policy lapse, it can be restored within a certain period, so long as you have not taken the cash value. You might have to take a physical examination, and you would have to pay back premiums, plus interest.

- **Incontestability.** Within the first two years after a life insurance policy is issued, a life insurance company has the right to further verify the information you have provided in the application. If a false statement was made, the company may seek release from the policy.

- **Change of beneficiary.** You can name any beneficiary, and change your beneficiary at any time. Single people usually change the beneficiary when they get married. If you have named a beneficiary irrevocably—

and that can be done—you would have to obtain that beneficiary's written consent to make a further change. Many policyholders name a contingent beneficiary, who would receive the insurance proceeds if the principal beneficiary dies before the policyholder.

- **Assignment.** This means signing over to another person certain rights in a policy say to cover some debt or obligation. Normally, only the amount of the debt is payable to the person named.

- **Suicide.** Life insurance policies do not cover death by suicide if it occurs within a stated period, usually the first year or two after purchase.

- **War clause.** A policy issued in time of war may not cover death resulting from combat, since the degree of risk cannot be calculated. But death from other causes, including accidents in a combat area, would be covered. When a conflict ends, life insurance companies usually rescind any existing war clauses.

- **Dividends.** With many policies, premiums are calculated to include an extra amount to allow for unexpected events, such as epidemics, which might cause an unusual increase in deaths. At the end of the year, any unused part of the premium under these "participating" policies is returned to the policyholder as a "dividend."

- **Cash values.** After you have had a policy for one or two years, it begins to accumulate values which are available to you if you decide to borrow on the policy. A table in the policy itself shows the amount of these values at any time. Cash values have several other uses—an income after retirement is an example—which the policy spells out.

- **Settlement options.** Although most life insurance proceeds are taken in the form of a lump sum, you or your beneficiary can choose another method of payment, called a settlement option. One of these is a regular income in place of the lump sum payment.



Beware The 'Boosters'

By Maj. John R. Schuman, USAF

Booster cables were used to start a car while the temperature was about 15 degrees below zero.

The cables were properly connected; however, as the last connection was being made, the battery exploded.

Battery debris and acid flew in every direction. All exposed skin was flushed immediately, so that there were no body injuries from the acid, although clothing was damaged by it. The only personal injury suffered was a cut nose caused by flying debris.

Jumping car batteries is becoming extremely common and is usually done under rushed conditions and in extreme cold. Few people realize how dangerous this is and that there is a method which lessens the chance of a battery exploding. Hydrogen gas buildup inside the battery sets the stage for an explosion. This is especially prevalent if the battery water is low, allowing space for the hydrogen gas to be trapped. Whenever a battery is being charged, hydrogen is being generated. Any spark in or near the outside of the battery may explode the gas.

To minimize the hazard of a car battery exploding, the following recommendations are made:

1. Remove the cell caps from both batteries to vent the trapped gas, and leave the caps off during the jumping process. Use caution so you won't get any acid which may be on the caps on your hands or clothing.

2. Determine whether the car to be aided has a positive or negative grounded electrical system. A positive grounded system has the positive terminal of the battery connected to the engine block or chassis.

3. Connect both cables to the live battery.

4. Connect the proper cable to the dead battery terminal which is not grounded (negative to negative or positive to positive).

5. Connect the remaining cable to a convenient chassis or engine block location away from the battery.

6. As an added precaution, cover the battery with heavy material, such as a piece of carpeting, while connections are being made.

This procedure is designed to prevent sparking near the battery terminals and damage to the alternator.



LOTS A LUCK—The wearing of the green on St. Patrick's Day, March 17, is supposed to bring good luck to Cindy Perkins of Ft. Walton Beach, Fla., but if the green takes the form of a small bikini, the real luck will befall her many admirers.